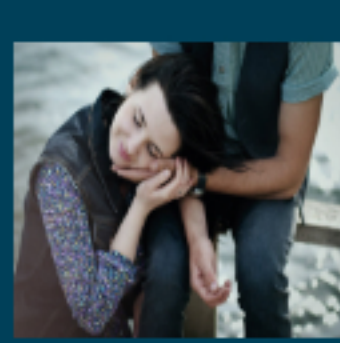
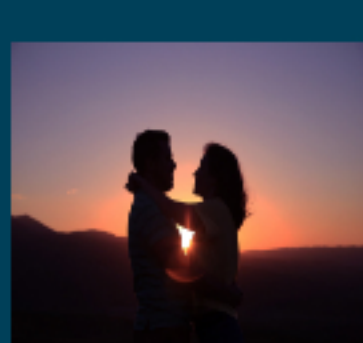
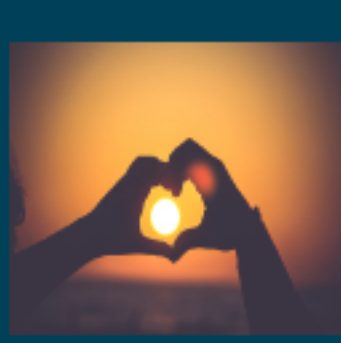


10 Safeguards to Prevent Infidelity



Cheating is a body blow to the legitimate relationship and all of its members, including the children and the couples' parents.



Avoid the following activities with anyone other than your wife/girlfriend or husband/boyfriend:



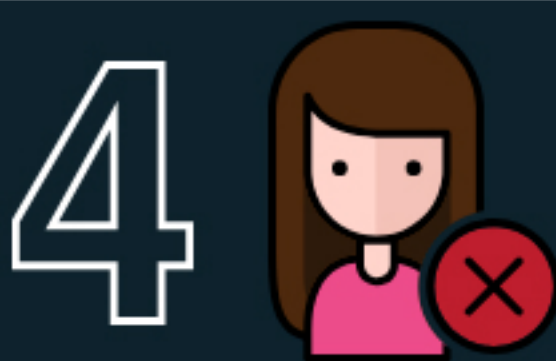
Sharing personal feelings



Deliberately touching



Giving gifts or money



Going on private dates



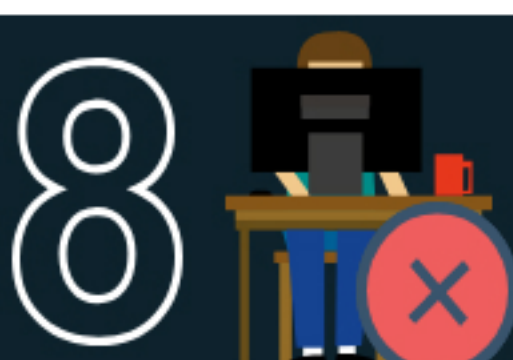
Private meals together



Personal meetings when out-of-town



Personal phone calls



Text messaging, emails, or internet chats of a personal nature, etc.



Doing favors for each other



Secluding yourselves in a private place

⌋ If you are having problems with your legitimate relationship — fix the problems or divorce.

Don't cheat — its not worth it and it is wrong! ⌋